



# L o v i n g   M y   H u s b a n d   a s   M y s e l f

## **Instructions**

You will be guided in your daily lessons regarding which parts to pray on which days. In each part, Scriptures are listed to pray through for specific areas of your husband's life. In each passage, as you are praying, substitute your husband's name wherever it speaks to believers. Pray, believing the Lord is working in your husband's life to form and shape him into the man He has called him to be. Pray faithfully for him as his helpmate and sister in Christ. Plan on spending about 5-10 minutes in each part (or more if you would like), marking your place at the end of the time so you will know where to begin in that section the following week.

## **PART ONE**

Love for His Lord  
Wisdom and Love for God's Word  
Love for Others  
Walking in the Spirit  
Fruit of the Spirit  
Character of Christ

## **PART TWO**

As His Wife  
Leading and Loving His Wife  
Leading and Loving His Children  
Specific Prayers

## **PART THREE**

For His Work, His Calling, and His Purpose  
His Health, Strengths, Weaknesses, Struggles, Needs, and Dreams  
Specific Prayer Requests



# P a r t O n e

## LOVE FOR HIS LORD

*Psalm 63:1-8 and Deuteronomy 6:4-5 have been adapted for prayer to help assist you in praying Scripture for your husband. Fill in his name in the spaces provided within the passages.*

### Psalm 63:1-8

1 O God, that \_\_\_\_\_ would declare from His innermost being, and cry out to you from the depths; O God may You be his One and Only; may he seek You earnestly;

May his soul thirst for You, may his flesh yearn for You, in a dry and weary land where there is no water.

2 May \_\_\_\_\_ behold You in the sanctuary, to see Your power and Your glory.

3 Because Your lovingkindness is better than life, may he see Your lovingkindness, may he know Your lovingkindness and may his lips praise You.

4 May \_\_\_\_\_ bless You as long as he lives; may he lift up his hands in Your name.

5 O that he would be satisfied in his innermost soul as with marrow and fatness, and his mouth offer praises with joyful lips.

6 May he remember You on his bed; may he meditate on You in the night watches.

7 May You be his help now and always; in the shadow of Your wings may he sing for joy.

8 May his soul cling to You, knowing that Your right hand upholds him.

### Deuteronomy 6:4-5

Hear, O Israel! The LORD is our God, the LORD is one! And \_\_\_\_\_ shall love the LORD his God with all his heart and with all his soul and with all his might.

# P a r t O n e

## WISDOM AND LOVE FOR GOD’S WORD

*Read the Scriptures below and underline phrases to construct a prayer for your husband. The first Scripture has been started as an example. Follow in the same pattern with the others.*

**Psalm 1:1-6** Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; 2 but his delight is in the law of the LORD, and on his law he meditates day and night. 3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. 4 The wicked are not so, but are like chaff that the wind drives away. 5 Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; 6 for the LORD knows the way of the righteous, but the way of the wicked will perish.

“Heavenly Father, bless my husband. Show him the way of the righteous and make him aware of any way that he is walking in the counsel of the wicked. Cause his heart to delight in Your law. Cause him to desire to meditate on Your law day and night. Make him like a tree firmly planted by streams of water, which yields its fruit in its season, and its leaf does not wither. And as he walks with you, Lord, bless him by prospering him in whatever he does. You know his way. Thank you Lord.”

**Psalm 119:1-16** Blessed are those whose way is blameless, who walk in the law of the LORD! 2 Blessed are those who keep his testimonies, who seek him with their whole heart, 3 who also do no wrong, but walk in his ways! 4 You have commanded your precepts to be kept diligently. 5 Oh that my ways may be steadfast in keeping your statutes! 6 Then I shall not be put to shame, having my eyes fixed on all your commandments. 7 I will praise you with an upright heart, when I learn your righteous rules. 8 I will keep your statutes; do not utterly forsake me! 9 How can a young man keep his way pure? By guarding it according to your word. 10 With my whole heart I seek you; let me not wander from your commandments! 11 I have stored up your word in my heart, that I might not sin against you. 12 Blessed are you, O LORD; teach me your statutes! 13 With my lips I declare all the rules of your mouth. 14 In the way of your testimonies I delight as much as in all riches. 15 I will meditate on your precepts and fix my eyes on your ways. 16 I will delight in your statutes; I will not forget your word.

## P a r t O n e

**Titus 1:6-9** [Elders], if anyone is above reproach, the husband of one wife, and his children are believers and not open to the charge of debauchery or insubordination. <sup>7</sup> For an overseer, as God's steward, must be above reproach. He must not be arrogant or quick-tempered or a drunkard or violent or greedy for gain, <sup>8</sup> but hospitable, a lover of good, self-controlled, upright, holy, and disciplined. <sup>9</sup> He must hold firm to the trustworthy word as taught, so that he may be able to give instruction in sound doctrine and also to rebuke those who contradict it.

**Colossians 1:9-12** And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, <sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. <sup>11</sup> May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, <sup>12</sup> giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.

# P a r t O n e

## LOVE FOR OTHERS

*Read the Scriptures below and underline phrases to construct a prayer for your husband in the space provided.*

**John 13:34** A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.

**1 John 4:19-21** We love because he first loved us. If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen. And this commandment we have from him: whoever loves God must also love his brother.

**Philippians 2:3-4** Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

**1 John 4:7-21** Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another.

## P a r t O n e

**1 John 4:11** Beloved, if God so loved us, we also ought to love one another.

**Matthew 5:43-48** “You have heard that it was said, ‘You shall love your neighbor and hate your enemy.’ But I say to you, Love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven. For he makes his sun rise on the evil and on the good, and sends rain on the just and on the unjust. For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? And if you greet only your brothers, what more are you doing than others? Do not even the Gentiles do the same? . . .

**1 John 4:10-11** In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another.

**1 Corinthians 13:13** So now faith, hope, and love abide, these three; but the greatest of these is love.

# P a r t O n e

*The following Scriptures have been adapted for prayer to help assist you in praying Scripture for your husband. Fill in his name in the spaces provided within the passages. For the “Character of Christ,” pray for the Lord to give your husband these qualities.*

## WALKING IN THE SPIRIT

**Romans 8:1-8, 12-17** Therefore, there is now no condemnation for \_\_\_\_\_ who is in Christ Jesus, because through Christ Jesus the law of the Spirit of life set \_\_\_\_\_ free from the law of sin and death. For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering. And so he condemned sin in sinful man, in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit. May \_\_\_\_\_ live according to the sinful nature have his minds set on what that nature desires; but those who live in accordance with the Spirit have his mind set on what the Spirit desires. The mind of sinful man is death, may his mind be controlled by the Spirit, for it is life and peace; but the sinful mind is hostile to God. The sinful mind does not submit to God’s law, nor can it do so. Those controlled by the sinful nature cannot please God ... May he feel obligated, not to the sinful nature, to live according to it, but may he by the Spirit to put to death the misdeeds of the body, and live in the fullness of Christ, because those who are led by the Spirit of God are sons of God. May he be led by the Spirit. For \_\_\_\_\_ did not receive a spirit that makes him a slave again to fear, but he received the Spirit of sonship. Now if he is His child, then he is an heir – an heir of God and co-heir with Christ, if indeed he shares in his sufferings in order that he may also share in his glory. (If your husband is an unbeliever - adjust accordingly.)

## FRUIT OF THE SPIRIT

**Galatians 5:19-26** The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. We know that those who live like this will not inherit the kingdom of God, may \_\_\_\_\_ forsake any of these deeds and resist all temptations towards any of these acts. And may he walk in the fruit of the Spirit which is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let him keep in step with the Spirit. Let him not become conceited, provoking and envying each other.

## THE CHARACTER OF CHRIST

Holy, Righteous, Honest, Kind, Merciful, Content, Humble, Grateful, Loving, Efficient, Attentive, Alert, Courageous, Patient, Compassionate, Tenderhearted, Faithful, Sacrificing, Obedient, Diligent, Persevering, Cheerful, Patient. Add to the list.



# P a r t O n e

## **CONSOLIDATED PRAYERS**

*Under each category, list the specific details for your husband and, if possible, the appropriate Scripture.*

**Love for His Lord**

**Love for God's Word**

**Love for Others**

**Walking in the Spirit**

**Fruit of the Spirit**

**Character of Christ**

## P a r t T w o

### FOR YOU AS HIS WIFE AND FOR HIM LEADING AND LOVING HIS WIFE

*Underline the key phrases to construct a prayer for your husband in the space provided.*

**Ephesians 5:21-33** Submit to one another out of reverence for Christ. Wives, submit to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. Now as the church submits to Christ, so also wives should submit to their husbands in everything. Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church – for we are members of his body. “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” This is a profound mystery – but I am talking about Christ and the church. However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

**1 Peter 3:1-9** *Wives*, in the same way be submissive to your husbands so that, if any of them do not believe the word, they may be won over without words by the behavior of their wives, when they see the purity and reverence of your lives. Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight. For this is the way the holy women of the past who put their hope in God used to make themselves beautiful. They were submissive to their own husbands, like Sarah, who obeyed Abraham and called him her master. You are her daughters if you do what is right and do not give way to fear.

*Husbands*, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers. Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble. Do not repay evil with evil or insult with insult, but with blessing, because to this you were called so that you may inherit a blessing.

## P a r t T w o

**Philippians 2** So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

## P a r t T w o

### LEADING AND LOVING HIS CHILDREN

*Underline the key phrases to construct a prayer for your husband in the space provided.*

**Deuteronomy 6** “Now this is the commandment—the statutes and the rules—that the Lord your God commanded me to teach you, that you may do them in the land to which you are going over, to possess it, that you may fear the Lord your God, you and your son and your son’s son, by keeping all his statutes and his commandments, which I command you, all the days of your life, and that your days may be long. Hear therefore, O Israel, and be careful to do them, that it may go well with you, and that you may multiply greatly, as the Lord, the God of your fathers, has promised you, in a land flowing with milk and honey.<sup>4</sup> “Hear, O Israel: The Lord our God, the Lord is one. You shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates. “And when the Lord your God brings you into the land that he swore to your fathers, to Abraham, to Isaac, and to Jacob, to give you—with great and good cities that you did not build, and houses full of all good things that you did not fill, and cisterns that you did not dig, and vineyards and olive trees that you did not plant—and when you eat and are full, then take care lest you forget the Lord, who brought you out of the land of Egypt, out of the house of slavery. It is the Lord your God you shall fear. Him you shall serve and by his name you shall swear. You shall not go after other gods, the gods of the peoples who are around you—for the Lord your God in your midst is a jealous God—lest the anger of the Lord your God be kindled against you, and he destroy you from off the face of the earth. Do not test the LORD your God as you did at Massah. Be sure to keep the commands of the LORD your God and the stipulations and decrees he has given you. Do what is right and good in the LORD’s sight, so that it may go well with you and you may go in and take over the good land that the LORD promised on oath to your forefathers, thrusting out all your enemies before you, as the LORD said. In the future, when your son asks you, “What is the meaning of the stipulations, decrees and laws the LORD our God has commanded you?” tell him: “We were slaves of Pharaoh in Egypt, but the LORD brought us out of Egypt with a mighty hand. Before our eyes the LORD sent miraculous signs and wonders—great and terrible—upon Egypt and Pharaoh and his whole household. But he brought us out from there to bring us in and give us the land that he promised on oath to our forefathers. The LORD commanded us to obey all these decrees and to fear the LORD our God, so that we might always prosper and be kept alive, as is the case today. And if we are careful to obey all this law before the LORD our God, as he has commanded us, that will be our righteousness.”

## P a r t T w o

### LEADING AND LOVING HIS CHILDREN

**Ephesians 6:1-4** Children, obey your parents in the Lord, for this is right. “Honor your father and mother” (this is the first commandment with a promise), “that it may go well with you and that you may live long in the land.” Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

**Matthew 7:9-11** “Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!”

**Psalms 103:13** As a father has compassion on his children, so the LORD has compassion on those who fear him.

**Joshua 24:15** And if it is evil in your eyes to serve the Lord, choose this day whom you will serve, whether the gods your fathers served in the region beyond the River, or the gods of the Amorites in whose land you dwell. But as for me and my house, we will serve the Lord.

**1 Corinthians 13** If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. For we know in part and we prophesy in part, but when completeness comes, what is in part disappears. When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known. And now these three remain: faith, hope and love. But the greatest of these is love.

# P a r t T w o

## **CONSOLIDATED PRAYERS**

*Under each category, list the specific details for your husband and, if possible, the appropriate Scripture.*

**As His Wife**

**Leading and Loving His Wife**

**Leading and Loving His Children**

# P a r t T w o

## **CONSOLIDATED PRAYERS**

*Under each category, list the specific details for your husband and, if possible, the appropriate Scripture.*

**As His Helpmate**

**His Friend**

**His Lover**

# P a r t T h r e e

## HIS CALLING, HIS WORK AND HIS PURPOSE

**Ephesians 1:3-6, 11-12, 18-23** Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love <sup>5</sup> he predestined us for adoption as sons through Jesus Christ, according to the purpose of his will, <sup>6</sup> to the praise of his glorious grace, with which he has blessed us in the Beloved. ... <sup>11</sup> In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, <sup>12</sup> so that we who were the first to hope in Christ might be to the praise of his glory ... <sup>18</sup> having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, <sup>19</sup> and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might <sup>20</sup> that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, <sup>21</sup> far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. <sup>22</sup> And he put all things under his feet and gave him as head over all things to the church, <sup>23</sup> which is his body, the fullness of him who fills all in all.

**Colossians 3:3-9** We always thank God, the Father of our Lord Jesus Christ, when we pray for you, <sup>4</sup> since we heard of your faith in Christ Jesus and of the love that you have for all the saints, <sup>5</sup> because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel, <sup>6</sup> which has come to you, as indeed in the whole world it is bearing fruit and increasing—as it also does among you, since the day you heard it and understood the grace of God in truth, <sup>7</sup> just as you learned it from Epaphras our beloved fellow servant.<sup>2</sup> He is a faithful minister of Christ on your<sup>3</sup> behalf <sup>8</sup> and has made known to us your love in the Spirit. <sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, <sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God; <sup>11</sup> being strengthened with all power, according to his glorious might, for all endurance and patience with joy; <sup>12</sup> giving thanks<sup>4</sup> to the Father, who has qualified you<sup>5</sup> to share in the inheritance of the saints in light. <sup>13</sup> He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.



## P a r t T h r e e

**Ephesians 6:5-9** Slaves, obey your earthly masters with fear and trembling, with a sincere heart, as you would Christ, not by the way of eye-service, as people-pleasers, but as servants of Christ, doing the will of God from the heart, rendering service with a good will as to the Lord and not to man, knowing that whatever good anyone does, this he will receive back from the Lord, whether he is a slave or free. Masters, do the same to them, and stop your threatening, knowing that he who is both their Master and yours is in heaven, and that there is no partiality with him.

**Ephesians 2:4-10** But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

**2 Timothy 1:6-9, 14; 2:1-7, 10-12** For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands, <sup>7</sup> for God gave us a spirit not of fear but of power and love and self-control. <sup>8</sup> Therefore do not be ashamed of the testimony about our Lord, nor of me his prisoner, but share in suffering for the gospel by the power of God, <sup>9</sup> who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace ... <sup>14</sup> By the Holy Spirit who dwells within us, guard the good deposit entrusted to you ... <sup>2:1</sup> You then, my child, be strengthened by the grace that is in Christ Jesus, <sup>2</sup> and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also. <sup>3</sup> Share in suffering as a good soldier of Christ Jesus. <sup>4</sup> No soldier gets entangled in civilian pursuits, since his aim is to please the one who enlisted him. <sup>5</sup> An athlete is not crowned unless he competes according to the rules. <sup>6</sup> It is the hard-working farmer who ought to have the first share of the crops. <sup>7</sup> Think over what I say, for the Lord will give you understanding in everything.... <sup>10</sup> Therefore I endure everything for the sake of the elect, that they also may obtain the salvation that is in Christ Jesus with eternal glory. <sup>11</sup> The saying is trustworthy, for: If we have died with him, we will also live with him; <sup>12</sup> if we endure, we will also reign with him; if we deny him, he also will deny us; <sup>13</sup> if we are faithless, he remains faithful—for he cannot deny himself.

# P a r t T h r e e

## CONSOLIDATED PRAYERS

*Under each category, list the specific details for your husband and, if possible, the appropriate Scripture.*

**His Calling**

**His Work**

**His Purpose**

# P a r t T h r e e

## **HIS HEALTH, STRENGTHS, WEAKNESSES, STRUGGLES, NEEDS, AND DREAMS**

*Under each category, list the specific details for your husband and, if possible, the appropriate Scripture.*

**Health**

**Strengths**

**Weaknesses**

**Struggles**

**Needs**

**Dreams**

# P a r t T h r e e

## **HIS SPECIFIC PRAYER REQUESTS**

*List specific prayer requests from your husband and, if possible, find Scriptures that would apply to each.*