

## **LESSON FOUR: Lord, Turn Me Inside Out**

### **Opening Prayer**

Heavenly Father, we thank you for this time you have provided for us to come together to hear from you and have fellowship in your Word and to learn and apply your Word to our hearts. We need you, Lord. We need your grace all the time. We praise you for your goodness and your love and mercy. Please open our hearts to you and to one another and lead our discussion. Help us not to fear, but to put all of our hope in Christ. Help us to remember there is now no condemnation for those who are in Christ Jesus. May you be glorified in all our thoughts and words and deeds. In Jesus' name, Amen.

#### **I. LECTURE**

Will someone share how the Lord used the lecture to speak to your heart? Did anyone have any questions or concerns about the lecture? If you ever have a question or something is unclear, please let us know. We want to serve you in any way we can!

#### **II. PLEASE READ THE MAIN POINT FROM THIS WEEK'S HOMEWORK**

Jesus continues to reveal to us the attitude of our hearts and the hypocrisy of our lives. The church in the United States really struggles with saying one thing and doing another, clinging to idols of legalism, pride, comfort, and control instead of clinging to Christ and the gospel. Jesus hammered the Pharisees hard for going to such great lengths to look righteous and act righteous, while all the while their hearts were far from Him. We need the gospel! We need to take the gospel to heart! We need to ask the Lord to show us where we are blind to our sin. We cling to our agenda, our will, our way, and our perspective without realizing it. When self rules we snuff out the light. We self reigns, we crucify the gospel. We need God to transform us from the inside out. Our purpose is to know His ways and to walk in them so we might reflect Him and bring glory to God. We need to be transformed by the renewing of our minds. We need to take the truth to heart, put down our idols, pick up our cross, confess our sin, repent, and walk forward bringing the truth to life. We must always remember that Christ is our righteousness!

#### **III. QUESTIONS FROM THE HOMEWORK**

1. Go through the homework, occasionally calling on women. Read scriptures aloud. After asking a question, remember to allow a brief period of quiet "wait-time" to give women a chance to think before answering. After pausing, if no one shares, go ahead with your answer, rephrase question, and/or move on.

#### **DAY ONE Devotion: Lord, Turn Me Inside Out**

2. Would someone please share what spoke to your heart from Day One?

#### **DAY TWO**

3. **Quiet Moment** - Do you make promises to your husband, your children, or others that you don't keep? Is your word trustworthy? Is there any ungodly or untruthful way in you? Will someone vulnerably and openly share what you wrote down as you thought about these questions?
4. **Going Deeper Question #2** – What do you need to confess or change?
5. **Question #4** – What do you do when you realize you cannot or have not kept your word?
6. **Question #5** - When we say that we are Christians, what are we implying?

### **DAY THREE**

7. **Quiet Moment** - Are you following Christ as Lord, Master, and King? Do you believe His promises? Do you live like you do and put your trust in Him?
8. **Going Deeper Question #3** - In what ways are you living the gospel, dying to self, and submitting to Christ as Lord?
9. **Question #5** - Before you make a promise to your husband, a friend, your boss, or your child, what do you need to do? What do you need to consider first?
10. **Question #5** - What little reminder can you put on your refrigerator to help you be kind, clear, concise, and consistent with your word?

### **DAY FOUR**

11. **Quiet Moment** - How do you respond when someone does wrong or when someone treats you unjustly or expects much more from you than they themselves are ready to give? Do you see it as an opportunity to love?
12. **Quiet Moment** - What impact would it have on you and those around you if you lived out the Word described by Matthew Henry?
13. **Going Deeper Question #1** - After reading Matthew 5:17-20 and John 13:34, how might you relate these principles to your role as a wife, mother, or friend?
14. **Question #5** - What is a specific action you can take to bless someone who has hurt you?

### **DAY FIVE**

15. **Going Deeper Question #1** - After reading Luke 6:27-38, what is the word that the Lord wants you to take to heart today?
16. **Question #4** - What adjustments do you need to make? What area of your heart needs the most attention right now?

## **IV. PLEASE RECITE YOUR SCRIPTURE MEMORY VERSES TOGETHER**

## **V. TAKING THE TRUTH TO HEART TIME**

We will now focus on taking God's truth to our hearts and bringing it to life. James 5:16a states; "Therefore confess your sins to each other and pray for each other so that you may be healed." And 1 Peter 2:24 says, "He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed."

Please turn to your Taking the Truth to Heart and Bringing It to Life page. We will each have 3 minutes so that every woman will have a chance to share. Please record one another's confessions on the Taking the Truth to Heart Guide on the following page so you can pray for one another throughout the week. Leaders, please set the example by always going first.

## **VI. PLEASE CLOSE IN PRAYER**